Central Asia consists of five states: Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan and Uzbekistan. Their collective size is about ten per cent of the Eurasian continent. Over 75 per cent of the Central Asia region is highly exposed to natural disasters, causing loss of life and housing, and damage to social and economic infrastructure. In terms of population health, the countries face the challenges of low life expectancy, high infant and maternal mortality, high rates of tuberculosis and non-communicable diseases, and an emerging HIV/AIDS epidemic. The main causes of death are cardiovascular diseases and cancers. Access to basic health services presents a challenge in most Central Asia countries, especially in rural areas: shortage of staff, long distances, hard-to-reach mountain, steppe and desert landscapes, limited transport capacity seriously hamper access to medical care.

There is large-scale labour mobility in the region. Kazakhstan is a country of transit and destination for migrant workers from Central Asia, while Kyrgyzstan and Tajikistan lead in the world in dependency on remittances from labour migration.

Addressing the challenges faced by the countries the Red Crescent Societies of Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan and Uzbekistan have been making a difference to people’s lives through preventive campaigns and support in health and care, disaster risk mitigation and response operations, water and sanitation, migration and tracing services, and the promotion of humanitarian values to tackle discrimination, intolerance and violence in communities. Founded between 1925 and 1937, the National Societies are the longest established humanitarian organizations in their countries acting as auxiliary to the public authorities in the humanitarian field.

The IFRC support to the National Societies has been focused on technical assistance in disaster management, risk reduction and health, institutional capacity strengthening, representation and advocacy as well as facilitation of partnerships and multilateral assistance for the benefit of vulnerable groups. The Movement partners present in Central Asia include ICRC, the Austrian, German, Italian, Swiss Red Cross Societies and the Red Crescent Society of the United Arab Emirates. The IFRC Country Cluster Support Team stays in a dialogue with the Movement partners to ensure effective cooperation and coordination of provided support.

The focus of IFRC support in 2019 will be on disaster risk reduction, health, migration and strengthening National Societies’ capacities in the area of resources and partnership development, including strategic partnerships with the governments, and strengthening regional coordination and cooperation in disaster management. The disaster risk reduction programme aims to increase the resilience of communities through comprehensive risk reduction measures in the most disaster-prone communities in all five countries. In health IFRC will further develop such areas as community-based health and first aid (CBHFA), TB and HIV prevention, support advocacy in voluntary blood donors recruitment and strengthen first aid. The migration programme will reduce health risks of Central Asia migrant workers through practical support and advocacy.
NEEDS ASSESSMENT

Disaster Threats and Health Risks
Floods and landslides caused by spring thawing are frequent in Central Asia. It is also considered one of the most tectonically unstable areas in Eurasia. Tuberculosis (TB) remains a public health threat. The main issues faced by the countries are drug-resistant TB and TB/HIV co-infection. The HIV epidemic continues to grow with HIV transmission among people who inject drugs and their sexual partners accounting for the majority of HIV infections. Health risks of migrants and their families are aggravated by limited access to health care, and stigma associated with TB and HIV. All five countries have poor traffic records.

STATISTICS

<table>
<thead>
<tr>
<th>GDP per capita, current US$</th>
<th>Country</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>8,792</td>
<td>Kazakhstan</td>
<td>2017</td>
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<tr>
<td>1,220</td>
<td>Kyrgyzstan</td>
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<tr>
<td>801</td>
<td>Tajikistan</td>
<td>2017</td>
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<td>6,587</td>
<td>Turkmenistan</td>
<td>2017</td>
</tr>
<tr>
<td>1,223</td>
<td>Uzbekistan</td>
<td>2018</td>
</tr>
</tbody>
</table>

AREA OF FOCUS

DISASTER RISK REDUCTION
The focus of IFRC support will be on the Central Asia programme on “Community-based engagement on disaster risk reduction”. The programme aims to increase the resilience of communities through comprehensive risk reduction measures in the most disaster-prone communities in Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan and Uzbekistan – with country-based activities for Tajikistan outlined in the plan for Tajikistan. The common approach is to promote a culture of disaster resilience and assist local communities to mobilize their own resources to respond to their needs.
- Some 180 communities will be targeted by National Societies across Central Asia.

HEALTH
IFRC will further develop such areas as community-based health and first aid (CBHFA). TB and HIV prevention, support advocacy in health, voluntary blood donor recruitment, help strengthen relations with health ministries and other health authorities to achieve a more sustainable result. First aid services will also remain the focus of IFRC support. The IFRC is to strengthen first aid through promotion of innovation and further harmonization as well as facilitation of exchange of experiences and regional cooperation.
National Societies’ capacities to prepare and respond to health-related emergencies, such as pandemic preparedness, and capacities to address consequences of disasters that are common for all Central Asia countries to the health of people will be strengthened.

MIGRATION
IFRC will support a programme that aims to reduce health risks of migrant workers in countries of origin, transit and destination and will cover all five Central Asia countries. The programme will consist of four components: well-established channels of access to migrants and relevant data collection; practical support (referral, consultancy, humanitarian assistance) to migrant workers through community-based work; advocacy as a part of the implementation strategy; National Society capacity-building to ensure sustainable effect of the programme.
- 60,000 people will be reached with services for migration assistance and protection.

STRATEGY FOR IMPLEMENTATION

STRENGTHEN NATIONAL SOCIETY CAPACITIES
The focus of IFRC support will be on National Societies resources and partnership development. It will be provided in the form of advice and tailor-made technical support as well as facilitation of learning and knowledge sharing. A meeting will be arranged for the National Society leaders from Central Asia with a focus on capacity building. Assistance on IT upgrade will also be provided to the National Societies focussing on Turkmenistan and Uzbekistan.
In follow-up of the Bishkek Youth Declaration, IFRC will facilitate development of modern methods to support early warning/early action among youth. Namely, mobile applications will be developed to educate young people on disaster risk reduction and speed up dissemination of information on the disaster threat in case of an emergency.

ENSURE EFFECTIVE INTERNATIONAL DISASTER MANAGEMENT
IFRC continues its role of a facilitator and an advisor for the Red Crescent Societies in Central Asia. The focus is on strategic advice, capacity-building, reporting, visibility, coordination between all Red Cross Red Crescent Movement partners and donors in the region, providing assistance to the National Societies in the field of disaster management and risk reduction.
To strengthen regional coordination and cooperation in disaster management, IFRC will organise a Regional Disaster Response Team training for Central Asia National Societies. Members of the Regional Disaster Response Team will also be trained in psychological support in emergencies.

INFLUENCE OTHERS AS LEADING STRATEGIC PARTNERS
The IFRC will focus on strategic partnerships with the governments for humanitarian assistance in Central Asia and beyond. Partnerships will also be expanded within the One Billion Coalition for Resilience in Tajikistan.

ENSURE A STRONG IFRC
IFRC will take necessary steps to follow standards set up by the IFRC Accountability Framework and ensure that the allocated financial resources are managed in an effective and efficient manner. A training on finance for non-finance staff will be conducted for all staff across Central Asia. Training courses on project design and reporting will also be offered to staff to improve skills.

CONTACTS
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