



510,000

CHF funding requirement

160,000

People to be reached

69

Local branches of the Red Crescent Society of Tajikistan

8,000

Volunteers country-wide

91

Years of experience reaching the most vulnerable



TAJIKISTAN – 2019

COUNTRY PROGRAMME OVERVIEW

Tajikistan is a lower-middle-income, food-deficit country that is the second in the world in dependency on remittances from labour migration. Three-quarters of its population of almost nine million people live in rural areas. The small, mountainous, landlocked country often faces natural disasters and threats to food security, which negatively affect human development and economic growth. It remains one of the poorest countries in Europe and Central Asia, with a GDP less than 20 per cent of the European average. Nutrition indicators for the country are the worst in Central Asia, and chronic malnutrition is of significant concern. The country has failed to reach the Millennium Development Goal on drinking water, with only three out of four people having access to an improved water source essential for maintaining good health.

Addressing the challenges faced by the country the Red Crescent Society of Tajikistan (RCST) has been making a difference to people's lives through preventive campaigns and support in health and care, disaster risk mitigation and response operations, water and sanitation, migration and tracing services, and the promotion of humanitarian values to tackle discrimination, intolerance and violence in communities. Founded in 1927, the National Society is the longest established humanitarian organization in the country acting as auxiliary to the public authorities in the humanitarian field.

IFRC support to the National Society has been focused on technical assistance in disaster management, risk reduction and health, institutional capacity strengthening, representation and advocacy as well as facilitation of partnerships and multilateral assistance for the benefit of vulnerable groups. In-country Movement partners include ICRC and the German Red Cross, each with a representation in the country. Movement coordination meetings are held on a regular basis.

The focus of IFRC support in 2019 will be on disaster risk reduction, health, and strengthening National Society's capacities in human resources (HR) management. The disaster risk reduction project will target five districts in the Regions of Republican Subordination – Hisor, Shahrinav, Vahdat, Tursunzoda and Rudaki – which are the most disaster-prone areas of Tajikistan. According to official statistics, most people living below the poverty line in the country live in rural areas of these regions. The health project is the first step towards nation-wide scalability of community-centred prevention and control of non-communicable diseases in Tajikistan, and will be implemented in four districts of the Rasht valley.



NEEDS ASSESSMENT



Disaster Threats and Health

Risks

Tajikistan is highly prone to various types of disasters such as avalanches, earthquakes, floods, mudflows and landslides. Whilst most natural disasters have a local, limited impact, their cumulative effect on livelihoods is considerable.

Tajikistan has one of the highest tuberculosis (TB) incidence rate in Europe (85 per 100,000 people). HIV epidemic continues to grow with HIV transmission among people who inject drugs and their sexual partners accounting for the majority of HIV infections. The number of people living with HIV is estimated at 15,000 (2017). Non-communicable diseases account for 59 per cent of all deaths, of which 39 per cent is attributed to cardiovascular diseases.

STATISTICS

31% of the Tajikistan's population live below the poverty line (national).

3 million of Tajikistan's population do not have access to essential health services.

20% women in Tajikistan have experienced some or multiple forms of violence

28% remittances as per cent of GDP in Tajikistan.

AREA OF FOCUS

DISASTER RISK REDUCTION

CHF 100,000 REQUIRED

The IFRC Country Office will support a project that aims to scale up activities on safety and health education targeting schools together with government bodies, youth organizations, UN agencies, international non-governmental organizations and others through the One Billion Coalition for Resilience. The aim is to reach all 3,800 schools through partnerships.

- Five most disaster-prone districts in the Regions of the Republican Subordination will be targeted;
- Over 38,000 people will be reached with public awareness and education campaigns using harmonized messages to reduce, mitigate and respond to identified risks.

HEALTH

CHF 100,000 REQUIRED

The main focus of the IFRC support will be on non-communicable diseases, such as cardiovascular disease, cancer and diabetes. A long-term programme, designed in 2018, will be implemented in collaboration with "The Defeat NCD – Partnership". The programme will enable communities in target districts of Rash valley to have better skills and knowledge on selected non-communicable disease prevention and control, access to early detection, treatment and follow-up.

In addition, technical support is planned in the area of TB, HIV to raise awareness among key populations at risk of infection. The RCST's capacities for first aid services and health-related emergencies will be strengthened.

- Almost 124,000 people will be reached by National Society health programmes and services.

The programme addressing migrants' health in five Central Asian countries including Tajikistan is a part of the joint appeal for the Central Asia Cluster, under the Area of Focus 'Migration'.

STRATEGY FOR IMPLEMENTATION

STRENGTHEN NATIONAL SOCIETY CAPACITIES

CHF 20,000 REQUIRED

The IFRC organizational development support will prioritize strengthening the National Society's HR management systems. This involves an assessment of HR systems including recruitment processes, facilitation of discussions and designing a follow-up plan.

The focus of the IFRC support in strengthening National Societies' capacities at the level of Central Asia, including the RCST, is outlined in the plan for the Central Asia Cluster.

ENSURE EFFECTIVE INTERNATIONAL DISASTER MANAGEMENT

CHF 100,000 REQUIRED

IFRC will provide technical support in preparedness for response and in disaster response operations of the National Society. This support will be channelled through the IFRC senior disaster management officer in Central Asia based in Dushanbe, Tajikistan. The areas of support include building capacities of the National Society Emergency Response Centres and training of National Disaster Response Teams in close cooperation with Committee of Emergency Situations and Civil Defence and in coordination with the Rapid Emergency Assessment and Coordination Team (REACT) partnership.

ENSURE A STRONG IFRC

CHF 190,000 REQUIRED

Capacity of the IFRC country office in Tajikistan will be strengthened by recruitment of an additional staff. This will improve the quality of IFRC support to the National Society especially under the Strategies for Implementation One and Three on organizational development as well as on communications and outreach. A workshop on Movement coordination and cooperation will be conducted in collaboration with the ICRC office in Dushanbe.

CONTACTS

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