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# Final Report

## Russian Federation: Perm University Armed Attack

 International Federation  
of Red Cross and Red Crescent Societies

DREF n° MDRRU026	GLIDE n° <a href="#">OT-2021-000144-RUS</a>
Date of issue: 28 July 2022	Timeframe covered by this update: 30 September 2021 – 28 February 2022
Operation start date: 30 September 2021	Operation timeframe: 30 September 2021 – 28 February 2022 (extended by 1 month to a total length of 5 months)
DREF amount allocated: CHF 79,508	
N° of people assisted directly: 1,687	
N° of people assisted indirectly: 3,000 people reached via MHPSS informational materials	
Red Cross Red Crescent Movement partners currently actively involved in the operation: IFRC	
Other partner organizations actively involved in the operation: None.	

## A. SITUATION ANALYSIS

### Description of the crisis

A shooting occurred on 20 September 2021 in Perm State Research University (Perm University). The attack resulted in 6 people killed, 44 people injured (24 of them were hospitalized with serious injuries, including the shooter). The total number of people who study and work at the University of the Perm University is approximately 7,000.

The Russian Red Cross' (RRC) previous experience in similar operations over the past 5 years (Kerch College attack, Kazan school attack) showed that PSS had been needed not only for people directly affected by the attack (victims and families of people killed or injured in an attack), but also other people who have been psychologically traumatized and needed psychosocial assistance (e.g. witnesses to the attack, Perm University students and teachers, classmates and friends of the victims and injured). Based on information from authorities and management of the University Russian RC estimated the number of people directly and indirectly affected by the tragedy (people who were at the University in the moment of tragedy, relatives and friends of injured and witnesses) as 3,500 in the beginning of the action and increased this estimation up to 4,300 people, based on new information from the authorities and the management of the University.

Based on the previous experience Russian RC estimated on number of people required psychosocial support as 1640. However, by the end of the action the actual number of people reached by psychosocial support remained at 1687 (103% to initial estimate).

In December 2021 – Mid-January 2022 PSS workers were limited in their access to provide assistance since most of students were on a distance learning. RRC has attempted to provide assistance using remote forms of communication, but it was extremely difficult to assess the effectiveness of such work. At the same time, there was an increase in calls to the emergency psychological support hotline (over 80 in the last 3 weeks of December), which indicated a growing need amongst those affected by the traumatic event. Based on the experience of previous PSS support operations, the return of students and teachers after distance learning to the scene of the tragedy is in itself a secondary trauma. During the same period (3-4 months after the tragedy), there was a peak in the number of cases of post-traumatic stress disorder. Due to the above reasons, the RRC requested a one-month no-cost extension of the DREF to complete activities postponed due to COVID-19 restrictions.

## Summary of response

### Overview of Host National Society

Within the DREF operation, approximately 4300 people were covered by different types of assistance:

- 1,687 people who received psychosocial support by the Russian Red Cross (RRC) at the community level (Perm University), including 119 people received focused PSS from MHPSS specialists; 106 people received psychological support. 7 people received specialized mental health care, 522 people received other assistance through a referral mechanism,

- 3,000 people received relevant information on MHPSS through distribution of informational materials.

(Note: One person could receive more than one type of assistance)

### People received basic and focused psychosocial support

	Total	In person contact	On-line contact
<b>Participants of the tragedy</b>			
Family members of the victims	14	6	8
People injured	42	34	8
Relatives of injured	63	27	36
<b>Direct and indirect witnesses</b>			
Teachers, staff of the Perm University	86	86	
Students living in dormitories, witnesses, or who have been in contact with the victims (including foreign students)	985	514	471
Students of Perm University (emphasis on the first year) who were witnesses or classmates of victims and injured (not living in dormitories)	497	120	377
<b>Overall</b>	<b>1,687</b>	<b>787</b>	<b>900</b>

The following activities were implemented by the National Society within the operation:

- An **induction PSS workshop** was organized for staff and volunteers recruited locally in Perm region, at the beginning of the response to ensure people have the right knowledge about PSS provision. In the context an induction workshop is an essential element of the operation. Additionally, an introductory PSS seminar for volunteers from Perm University, was organized in coordination with the university management. The workshop was facilitated by two RRC MHPSS consultants with involvement of experts from Armenian RC and Kyrgyz RC (members of the European MHPSS network).
- **Personal contacts** have been established with almost all the **families of the victims**, the wounded and their family members. **All these victims have received PSS support**, with individual sessions carried out. PSS workers traveled to the cities of the Perm Region, where non-resident students and their families live (one-way travel takes up to 4 hours by car) to establish personal contacts and assess the condition of the guardians. In general, we noted a positive trend in the recovery in this category of victims, although some of them still need PSS support.
- Conversational plans were developed for people suffering with anxiety. These interviews were conducted during the initial **home visits** and with people who witnessed the tragedy.
- **Psychosocial support provided by Russian RC volunteers to 1687 students, teachers and family members** of those who witnessed the tragedy and were traumatized, through individual and group sessions, including establishing and facilitating self-support groups in the University (both online and offline).
- Focused **psychosocial support to 119 people** (injured people, family members of victims and injured) through **regular visits and face-to-face consultations** by the trained and equipped RRC MHPSS workers..



*PSS workshop for Russian RC volunteers in Perm (October 2021). Photo: Russian Red Cross*

- Knowledge and **awareness raising** of the victims and members of their families about **ways of grieving**, including through **provision of information booklets** during individual meetings and public events.
- Consultative support, guidance and supervision by RRC and IFRC experts to the MHPSS team in Perm to help address emerging challenges and to deal with complex cases. This support provided by two MHPSS consultants of the RRC who have built the PSS models through their work with Beslan, Kemerovo, Kerch and other high impact crises. Within this support and supervision, the special workshop on burnt-out syndrome prevention was organized for the MHPSS team members.
- **Regular meetings with the University leadership** were organized, as well as advocacy actions towards local authorities and by using mass media.
- A **referral mechanism** has been established, including state psychological and psychiatric services, to provide professional assistance to victims in need. Within the operation 106 people were referred to professional psychologists (incl. 3 children receive specialized psychological services), 7 people received psychiatric services, 373 people received social services, 80 received assistance in educational issues jointly with the University, 69 legal consultations were provided to the victims and their families to resolve issues of medical care, receiving compensation and other household issues.
- RRC branch in Perm was equipped with **sensory room** to increase effectiveness of MHPSS provision to affected people.
- 3,000 copies of RRC informational materials on PSS were distributed among affected people at the University.
- A Lessons Learned workshop was organized at the end of the operation (on 28 February 2022). The event was aimed to discuss achievements and challenges of the operation as well as to share MHPSS experience and best practices between NSs. It brought together 20 MHPSS specialists from Russian Red Cross, RRC Regional branches, 4 National Societies of CIS countries (Armenia, Belarus, Kazakhstan and Kyrgyzstan), Norwegian RC, European MHPSS Reference Center in Copenhagen (Denmark).

The objectives of the group events facilitated by RRC volunteers (mostly engaging University students) were:

1. The involvement of victims in project activities stimulates the transition from experiencing the past to building their personal future.
2. Reporting information that the grief experienced and reactions to stress are normal for a person. Overcoming the stigma of stress-related disorders.
3. Informing victims about self-help techniques and other opportunities to receive help with psychological trauma.
4. Identification of the most difficult cases and implementation of referral for the provision of psychological and psychiatric care.

Due to the COVID19 pandemic, Perm University commenced online work from 10 November. According to the decision of the authorities, all classes at the Perm University were transferred to a distance learning modality. Only the families of the wounded and the dead and those students who stayed to live on campus were accessible to the RRC. Sample surveys show that the effectiveness of online meetings was very limited. People experiencing acute reactions to stress most often do not participate, or shy away from discussing their problems online. The transition of the University's work to a remote mode also affected the work of previously trained volunteers, which resulted in some cases of emotional burnout and a loss of interest in their work. Support is required for the training of additional volunteers and an additional workshop on preventing professional burnout.

Although the previously stated parameters of the assistance operation were fulfilled, most of the witnesses of the tragedy (at least 50%) who received psychological trauma did not receive fully-fledged RRC assistance due to time constraints and the fact that there were almost two-times more witnesses of the tragedy than according to the initial estimate. Additionally, there was an increase in the number of calls to the hotline for emergency psychological support – 80 calls in the last 3 weeks of December, which was 30% more than in the earlier period. This corresponds to the usual period of manifestation of post-traumatic stress disorders (3rd -4th month from the moment of the tragic events).

A gradual transition to full-time study at the Perm University is planned to resume. Based on the experience of previous PSP support operations, the return of students and teachers after distance learning to the scene of the tragedy is in itself an inhibiting factor. In the same period (3-4 months after the tragedy), there is a peak in the number of cases of post-traumatic stress disorder. RRC employees noted anxiety in the emotional state of the guardians at their first visit to the University (after the tragedy), even though before that their condition was stable, with a positive outlook. In addition, since most of the victims and eyewitnesses are first-year students, returning to the university carried a special burden for them. The territory of the Perm University (where the tragedy occurred) is not perceived by freshmen as a familiar and safe space. There has been a request from students for additional knowledge about what to do in an emergency situation (First Aid training).

## Overview of Red Cross Red Crescent Movement in country

The IFRC Country Cluster Delegation for Russia and Belarus, based in Moscow, provides technical and advisory support to the RRC at HQ level in disaster response and capacity building. The Country Cluster Delegation also ensures overall coordination with the RRC and the ICRC to deliver effective and coordinated assistance to affected populations. Red Cross Red Crescent Movement Coordination is ensured by a Movement Coordination Agreement signed between the RRC, the IFRC and the ICRC. The agreement provides a solid base for overall coordination in case of disasters and delegates the coordination lead role to the RRC. The Movement Coordination mechanism functions at the leadership level through regular meetings between the RRC, the IFRC and the ICRC. Within the operation IFRC provided technical assistance to the Russian RC and Perm regional branch.

## Overview of non-RCRC actors in country

No UN agencies or international organisations operate in Perm. The Emergency Ministry in Perm region is the leading state agency carrying out comprehensive response to emergencies and crises. There are no local NGOs that are specialised in the provision of psychosocial support. RRC cooperates with the EMERCOM based on the MoU which defines roles and responsibilities of partners and collaboration during emergencies. The RRC keeps regular contact with the Ministry of Labour and Social protection and the Ministry of Health. Psychological first aid and MHPSS to the affected people and victims' families to overcome acute mental health conditions were provided by a group of psychologists of the EMERCOM's Centre of Emergency Psychological Help and by the departments of the Ministry of Health (46 specialists in total) in first days after the tragedy. A 24-hours hot line on MHPSS and informational support were operational under the regional Ministry of Health (+ 7-342-258-40-02). Additional hotlines were established within the Center for Psychological and Pedagogical Assistance of Perm State University, The Perm Regional Psychological Center, the regional clinical psychiatric hospital.

The government of the Russian Federation decided to allocate about RUB 18.5 million for compensation and assistance to victims in the Perm University. Families of people who died in result of the shooting received RUB 1,000,000 (approximately CHF 15,000) for every victim. People injured in the attack received from RUB 100,000 to 500,000 (CHF 2,000 – 4,000).

## Needs analysis and scenario planning

### Needs analysis

According to official data, 6 people were killed as a result of the shooting. The total number of wounded was 42 people. The current state emergency response system can address the most acute and urgent tasks to mitigate the consequences of events, but it faces a shortage of resources and specialists when longer-term (up to 1 year or even more) support is required. Many people have experienced a serious psychological trauma that will need to be treated for a much longer period than 6 months.

Pain, mental disorders, loss and resentment are present in all people affected by the attack, and in their relatives, as well as in people indirectly affected by the attack. RRC's previous experience in similar operations over the past 5 years (the attack at the Kerch College, the attack at the Kazan school) shows that PSS is necessary not only for people directly affected by the attack (victims and families of people killed or injured as a result of the attack), but also for other people who have suffered psychological trauma. The latter group included witnesses of the attack, Perm University students and teachers, classmates and friends of the victims, and others.

Based on information from authorities and management of the University Russian RC estimated the number of people directly and indirectly affected by the tragedy (people who were at the University in the moment of tragedy, relatives and friends of injured and witnesses) as 3,500 in the beginning of the action and later increased this estimation up to 4,300 people. Based on the previous experience Russian RC estimated on number of people required different types of support as 1,640. However, by the end of the action the actual number of people were reached by psychosocial support was 1687 (103% to initial estimate).

Therefore, RRC focused on providing MHPSS to meet the most urgent needs of affected people, such as post-traumatic care and assistance.

### Targeting

Information provided by the emergency and health authorities highlights that people who directly suffered as a result of the tragedy were highly prone to physical and psychological disorders, mental disruptions and anti-social behaviour patterns. The staff and volunteers of the local RRC branch identified following target groups:

### Primary target

- 6 families who lost their family members and who needed mental health and psychosocial support (MHPSS) services through home visits in Perm and in Perm region (14 persons).
- 42 families of injured who were affected and who needed MHPSS services through home visits (132 persons)

### Secondary target

- Some 1500 students and staff of the University of 4300 who directly witnessed the attack, their classmates and family members. This estimation was made based on the previous RRC experience in similar operations. However, by the end of the action the actual number of people required psychosocial support was 1687 (103% to initial estimate).

### Tertiary target:

- 20 PSS workers and 20 volunteers of the RRC Perm regional branch were trained in MHPSS provision to affected people.
- Additionally, 15 new volunteers of the RRC Perm regional branch were trained in MHPSS to the victims
- RRC Perm regional branch conducted trainings for students and teachers of First Aid at the Perm University.
- Legal assistance and advocacy for interests affected people with local authorities.

Target category	Number of families	Number of people
Primary target	6 families who lost members	14
	42 families of those injured (including 24 hospitalized)	132
Secondary target	Witnesses and their family members (students and tutors, and their families)	1500
Tertiary target	N/A	45 people (20 PSS workers and 25 volunteers)

### Estimated disaggregated data for population targeted.

Category	Estimated % of target group	% female	% male
Young Children (under 5 years)	-	-	-
Children (5-17yrs)	13%	55%	45%
Adults (18-49 yrs)	80%	57%	43%
Elderly (>50 yrs)	7%	69%	31%
People with disabilities	N/A	N/A	N/A

### Scenario planning

Scenario	Humanitarian consequence	Potential Response
Target groups are not receiving the necessary PSS and legal support in the first months	Increasing cases of mental disorders, depression, aggression and suicidal behaviour among people directly and indirectly affected by the shootout	RRC provides mental health and psychosocial support and recovery of people to meet the most acute needs, giving focus also to indirectly affected people,
Target groups are receiving some support legal and PSS	Affected people will continue to be at risk of mental health issues long-term	RRC along with MHPSS services, advocate and coordinate with the government the strengthening of MHPSS to affected people

From the above scenarios, target groups were receiving some support, legal and PSS through the DREF operation, however PSS workers note an increase in manifestations of mental health disorders, that are associated with re-traumatization during the police interrogations of victims by the ongoing investigation. Some of the affected PSS workers are forced to accompany them to interrogations in order to provide direct support.

Since 8 November, by the decree of the Governor of the Perm Region, students and teachers of PSNIU were sent to distance learning due to the increased rate of the coronavirus. Initially, it was for a period of 10 days, but then the distance learning period was extended until 10 January. According to the local media, this was also partly caused by the need for investigative actions by the police. In fact, all newly established contacts with the victims were interrupted. Only those who lived in a dormitory remained on the university campus. PSS workers and RRC volunteers worked with them, and that at the end of December, the number of people in need of PSS support was at least 30-40% (depending on age). During that period PSS workers were limited to provide assistance since most of students were on a distance learning. RRC has attempted to provide contacts using remote forms of communication, but it was extremely difficult to assess the effectiveness of such work. At the same time, there was an increase in calls to the emergency psychological support hotline (over 80 in the last 3 weeks of December), which indicated a growing tension amongst those affected by the traumatic event. Based on the experience of previous PSS support operations, the return of students and teachers after distance learning to the scene of the tragedy is in itself a re-traumatizing factor. During the same period (3-4 months

after the tragedy), there was a peak in the number of cases of post-traumatic stress disorder. In this regards RRC requested one month non-cost extension of the DREF to complete activities postponed due to COVID-19 restrictions.

Among the problems associated with the behavior of beneficiaries, it is worth noting that 47% experienced depression, 25% a sense of guilt, almost 70% experienced anxiety, and more than 12% feel fear. Most of the family members of the victims and the injured were in the phase of "acute grief". A particular issue is the ongoing criminal investigation: interrogations of beneficiaries about the tragedy they experienced carry the risk of re-traumatization. Some beneficiaries expressed a desire for PSS workers to accompany them to such meetings to provide psychological support, and consequently such assistance was provided.

### Operation Risk Assessment

- The proposed work is supported by the local administration and therefore did not foresee any major risks to the implementation process.
- The Perm Branch of the RRC established contacts and agreements with the regional crisis centre, with regional and local social and psychological services providing support to achieve the aims of the project and to increase the effectiveness of the provided support.
- All necessary COVID-19 protection measures were observed while providing the services described in this plan of action.

## B. OPERATIONAL STRATEGY

### Implemented strategy

The operational strategy remained unchanged since the beginning of the operation. RRC focused on reducing the level of psychological trauma of some **1640 people** (out of the total of 4,300 people affected) who suffered from the explosions and shooting at the Perm University through the provision of mental health and psychosocial support. The target group for MHPSS activities were 6 families of the victims and their relatives, 42 families of injured people and about 500 families of people who were in the Perm University during the attack, who may suffer psychological trauma. Within the operation Russian RC increased their estimates up to 2400 since some of the students were hard to reach and assess due to distance learning caused by COVID-19 restrictions. However, by the end of the action the actual number of people required psychosocial support was 1687 (103% to initial estimate).

Mental Health and Psychosocial support for affected people and their families were aimed to:

1. Reduce emotional pain while in the grieving stage to help people use their own resources to overcome the crisis. Help people accept the situation as it is and to start the recovery process.
2. Reduce the risk of negative affect of stress to the mental health and prevent serious and severe mental disorders.
3. Contribute to building confidence and mastering the methods of self-protection and becoming resilient.
4. Prevent anti-social behaviour within families and in other day-to-day situations. This process will help restore importance of values.
5. Equip MHPSS workers and volunteers with burnout prevention skills.

The work has been implemented by the RRC through 18 PSS workers and 25 volunteers who were recruited and prepared to deliver the operation and provide MHPSS support. The RRC volunteers support PSS workers in identification of people in need of psychosocial support, collection and dissemination of information and during mass mourning events.



On-line consultations for MHPSS workers of Russian RC branch in Perm

MHPSS has been provided in accordance with the IFRC recommendations and tools on Psychological First Aid and MHPSS. IFRC will provide necessary methodological assistance. IFRC involved MHPSS experts from Armenian RC and Kyrgyz RC to provide technical assistance on-line during the training sessions and regular MHPSS team meetings.

A referral mechanism has been established, including state psychological and psychiatric services, to provide professional assistance to victims in need.


Lessons Learned workshop organized at the end of the operation (on 28 February 2022) brought together 20 MHPSS specialists from Russian Red Cross, RRC Regional branches, 4 National Societies of

CIS countries (Armenia, Belarus, Kazakhstan and Kyrgyzstan), Norwegian RC, European MHPSS Reference Centre in Copenhagen (Denmark) allowed to discuss achievements and challenges of the operation as well as contributed to sharing of MHPSS experience and best practices between NSs.

IFRC also undertook two monitoring visits to Perm aimed to provide technical assistance to the RRC regional branch. The visit held in February 2022 was combined with the special lessons learned session for local staff and volunteers with involvement of all counterparts (Perm University leadership, The Center of psychological assistance, psychiatric service), volunteers and beneficiaries

Russian Red Cross organized regular interaction with the regional Ministry of Social Protection, the Ministry of Health and the leadership of the University. There was a request from the University to expand cooperation with the RRC on the issue of training volunteers in First aid, which will make it possible to feel more protected in case of other emergencies and first aid skills.

## C. DETAILED OPERATIONAL PLAN

	<p><b>Health</b></p> <p><b>People reached: 1,687</b></p> <p>Male: 717</p> <p>Female: 970</p>	
<b>Outcome 1: The immediate risks to the health of affected populations are reduced</b>		
<b>Output 1.1:</b>		
<b>Indicators:</b>	<b>Target</b>	<b>Actual</b>
# people provided with psychosocial support activities	1,640	1,687
# of volunteers and PSS workers that participated in the induction workshop	40	43
# of PSS workers that attended the 2-days workshop on prevention of burnout	20	20
# of information materials printed and distributed	3,000	3,000
# of Lessons Learned Workshops organized	1	1
# of volunteers insured	20	0
<b>Narrative description of achievements</b>		
<ul style="list-style-type: none"> <li>A total of 1,687 people were assisted by the RRC and received relevant MHPSS during the implementation of the operation.</li> <li>43 RRC staff and volunteers were trained on MHPSS provision at two training sessions (workshop) conducted by two MHPSS consultants hired by RRC with assistance from IFRC experts.</li> <li>A referral mechanism has been established, including state psychological and psychiatric services, to provide professional assistance to victims in need</li> <li>RRC branch in Perm was equipped with sensory room to increase effectiveness of MHPSS provision to affected people.</li> <li>Legal assistance was provided to the victims and their families (69 consultations) in resolving issues of medical care, receiving compensation and other household issues.</li> <li>3000 copies of RRC informational materials on PSS were distributed among affected people.</li> <li>Lessons Learned workshop was organized at the end of the operation (on 28 February 2022). The event was aimed to discuss achievements and challenges of the operation as well as to share MHPSS experience and best practices between NSs. It brought together 20 MHPSS specialists from Russian Red Cross, RRC Regional branches, 4 National Societies of CIS countries (Armenia, Belarus, Kazakhstan and Kyrgyzstan), Norwegian RC, European MHPSS Reference Centre in Copenhagen (Denmark).</li> <li>All volunteers engaged to the implementation of the operation has covered by the mandatory state health insurance. In this regards no any additional insurance has been requested by the NS</li> </ul>		
<b>Challenges</b>		
<ul style="list-style-type: none"> <li>A large number of direct and in-direct witnesses of the tragedy (4,300 people in total)</li> <li>People affected by the tragedy and their families are widely distributed in the Perm region that limited provision of face-to-face assistance. In result PSS sessions were often provided by phone or on-line.</li> <li>Distance learning modality in the University in November-January due to COVID-19 restrictions also limited full-fledged work with all students who witnessed the tragedy (number of unreached is approximately 1,000 people).</li> </ul>		

- Language issues in provision of assistance to affected foreign students in the University
- According to the assessment conducted by Russian RC within the action, 15 affected people require lifelong rehabilitation, “sewerage” of feelings, liberation from feelings of guilt and sublimation of negative feelings with any positive activities (volunteering, involvement in organizing self-support groups etc.)

### Lessons Learned

- Short-term assistance (3-4 months) cannot cover all psychosocial needs of affected people. Victims and witnesses of the tragedy required longer term assistance (at least 1 year, in some cases up to 2 years).
- The effectiveness of assistance was ensured through the provision of a training course on MHPSS for staff and volunteers, as well as their full involvement in design and planning of activities within the operation, activities on prevention of emotional burnout, supportive and supervisory meetings with MHPSS experts. The experience of the established team and used approaches can be valuable to be used for RRC operations in other regions of Russia.

## Strengthen National Society

**Outcome 1: National Society capacity building and organizational development objectives are facilitated to ensure that National Societies have the necessary legal, ethical and financial foundations, systems and structures, competences and capacities to plan and perform**

**Output 1.1: National Societies have the necessary corporate infrastructure and systems in place**

Indicators:	Target	Actual
# of staff and volunteers in Russian Red Cross resourced and dedicated to this operation.	24	49

**Output 1.2: IFRC and NS are visible, trusted and effective advocates on humanitarian issues**

Indicators:	Target	Actual
# of IFRC monitoring visits	3	2

### Narrative description of achievements

The project team was established to provide assistance to people affected by the shooting in Perm University, which included Project coordinator, 2 RRC MHPSS consultants, 18 PSS workers, Volunteer coordinator in Perm, finance manager, PSS coordinator in Perm. In addition to it 25 volunteers were trained on MHPSS provision and involved in the operation. IFRC provided technical assistance to the operation by involving external MHPSS experts to insure quality of services and using of IFRC approaches to MHPSS.

IFRC implemented 2 monitoring visits to Perm (one in October 2021, second in February 2022) to assist RRC and Perm RRC regional branch in implementation of the operation. Technical assistance also included regular on-line sessions for the MHPSS team in Perm conducted by MHPSS experts (Armida Zakharyan, Elina Bryabina) involved by the IFRC to assist in the implementation of the operation.

During the monitoring visit in February 2022 the Lessons learned session was conducted for RRC regional in Perm with involvement of all counterparts (Perm University leadership, The Center of psychological assistance, psychiatric service), volunteers and assisted people. IFRC contributed to the LLW by expertise and assistance in conducting the overall assessment and lessons learned formulation.

### Challenges

- Lack of English-speaking specialists in RRC that limits access to the relevant materials on MHPSS
- COVID-19 restrictions affected activities on strengthening capacity of the NS therefore number of monitoring visits was reduced.

### Lessons Learned

- Involvement of MHPSS experts from other NSs allowed to provide training and services according to the IFRC standards and contributed well to strengthening the NS capacity in MHPSS.
- Establishing a network of Russian-speaking MHPSS focal points from the NSs in post-Soviet countries will fill some information gaps.
- More active involvement of Russian RC to the European regional MHPSS network is essential.
- Further activities on strengthening MHPSS capacity of Russian RC are required (additional trainings for staff and volunteers, ToT for Russian speaking MHPSS specialists jointly with the MHPSS reference center, translation of materials on MHPSS into Russian).
- The assistance provided within the DREF operation (3-4 months) cannot cover all psychosocial needs of affected people, but it allows to establish and train MHPSS team at the regional level and relevant referral system. However, to ensure sustainability of established mechanism, additional efforts on resource mobilisation from the NS (both at the local and national levels) are essential within such kind of operations.

## D. Financial Report

The financial report is annexed to this document.

The budget for the DREF operation was CHF 79,508, of which CHF 67,975 was spent. The remaining balance of CHF 11,533 is returned to the DREF account as per standard IFRC regulations.

The underspending has occurred due to decreasing number of field visits, people involved in monitoring activities and cancelling of communication activities caused by COVID-19 restrictions in November 2021 – January 2022.

[Please refer to the final financial statement for further details.](#)

The major donors and partners of the Disaster Relief Emergency Fund (DREF) include the Red Cross Societies and governments of Belgium, Britain, Canada, Denmark, German, Ireland, Italy, Japan, Luxembourg, New Zealand, Norway, Republic of Korea, Spain, Sweden and Switzerland, as well as DG ECHO and Blizzard Entertainment, Mondelez International Foundation, and Fortive Corporation and other corporate and private donors. The IFRC, on behalf of the National Society, would like to extend thanks to all for their generous contributions.

### Reference documents



Click here for:

- [Emergency Plan of Action \(EPoA\)](#)

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## How we work

All IFRC assistance seeks to adhere to the **Code of Conduct** for the International Red Cross and Red Crescent Movement and Non-Governmental Organizations (NGO's) in Disaster Relief and the **Humanitarian Charter and Minimum Standards in Humanitarian Response (Sphere)** in delivering assistance to the most vulnerable. The IFRC's vision is to inspire, **encourage, facilitate and promote at all times all forms of humanitarian activities** by National Societies, with a view to **preventing and alleviating human suffering**, and thereby contributing to the maintenance and promotion of human dignity and peace in the world.

# DREF Operation

Selected Parameters			
Reporting Timeframe	2021/1-2022/6	Operation	MDRRU026
Budget Timeframe	2021/1-2022/6	Budget	APPROVED

## FINAL FINANCIAL REPORT

Prepared on 28/Jul/2022

All figures are in Swiss Francs (CHF)

### MDRRU026 - Russia - Perm Armed Attack

Operating Timeframe: 25 Sep 2021 to 28 Feb 2022

#### I. Summary

<b>Opening Balance</b>	<b>0</b>
<b>Funds &amp; Other Income</b>	<b>79,508</b>
DREF Allocations	79,508
<b>Expenditure</b>	<b>-67,975</b>
<b>Closing Balance</b>	<b>11,533</b>

#### II. Expenditure by planned operations / enabling approaches

Description	Budget	Expenditure	Variance
PO01 - Shelter and Basic Household Items			0
PO02 - Livelihoods			0
PO03 - Multi-purpose Cash			0
PO04 - Health	54,213	50,904	3,309
PO05 - Water, Sanitation & Hygiene			0
PO06 - Protection, Gender and Inclusion			0
PO07 - Education			0
PO08 - Migration			0
PO09 - Risk Reduction, Climate Adaptation and Recovery			0
PO10 - Community Engagement and Accountability			0
PO11 - Environmental Sustainability			0
<b>Planned Operations Total</b>	<b>54,213</b>	<b>50,904</b>	<b>3,309</b>
EA01 - Coordination and Partnerships	2,130	1,255	875
EA02 - Secretariat Services	6,864		6,864
EA03 - National Society Strengthening	16,301	15,815	486
<b>Enabling Approaches Total</b>	<b>25,295</b>	<b>17,071</b>	<b>8,224</b>
<b>Grand Total</b>	<b>79,508</b>	<b>67,975</b>	<b>11,533</b>

# DREF Operation

Selected Parameters			
Reporting Timeframe	2021/1-2022/6	Operation	MDRRU026
Budget Timeframe	2021/1-2022/6	Budget	APPROVED

## FINAL FINANCIAL REPORT

Prepared on 28/Jul/2022

All figures are in Swiss Francs (CHF)

### MDRRU026 - Russia - Perm Armed Attack

Operating Timeframe: 25 Sep 2021 to 28 Feb 2022

### III. Expenditure by budget category & group

Description	Budget	Expenditure	Variance
<b>Relief items, Construction, Supplies</b>	<b>416</b>		<b>416</b>
Medical & First Aid	416		416
<b>Logistics, Transport &amp; Storage</b>	<b>800</b>	<b>637</b>	<b>163</b>
Transport & Vehicles Costs	800	637	163
<b>Personnel</b>	<b>40,855</b>	<b>37,389</b>	<b>3,466</b>
National Staff		341	-341
National Society Staff	39,795	35,048	4,747
Volunteers	1,060	2,000	-940
<b>Consultants &amp; Professional Fees</b>	<b>4,000</b>	<b>4,417</b>	<b>-417</b>
Consultants	4,000	4,417	-417
<b>Workshops &amp; Training</b>	<b>11,000</b>	<b>21,727</b>	<b>-10,727</b>
Workshops & Training	11,000	21,727	-10,727
<b>General Expenditure</b>	<b>17,584</b>	<b>-343</b>	<b>17,928</b>
Travel	5,000	901	4,099
Information & Public Relations	5,333		5,333
Office Costs	300	300	0
Communications	5,770	211	5,559
Financial Charges	1,181	-1,756	2,937
<b>Indirect Costs</b>	<b>4,853</b>	<b>4,149</b>	<b>704</b>
Programme & Services Support Recover	4,853	4,149	704
<b>Grand Total</b>	<b>79,508</b>	<b>67,975</b>	<b>11,533</b>